

Project VAARADHI

Empowering the Underprivileged through Education

An initiative of Padala Charitable Trust

Changing the lives of **10 children** in Gollaprolu Girls High School, East Godavari District, AP

Project Sponsor: Shri. T.Venugopal, NRI, USA



*Padala Charitable Trust (PCT) is a non-profit, non-government organization founded and registered in India in 2002. It started off with a primary goal of providing financial help to the economically disabled students who excel in academics and have a strong desire in pursuing higher education, with no bar on their caste, religion or gender. To date, the Trust has awarded **670 scholarships worth Rs. 30,02,926/-** for students under the Educational Scholarship Program. You can watch the [success stories](#) section to see how our scholars have become sponsors by paying it forward. Over last few years PCT has been working on Socially Relevant Initiatives (SRI) to make a bigger impact to the needy around. Project **Vaaradhi** (Adopting Orphans and Semi-Orphans from Govt High Schools), Project **SET** (Motivational and Leadership Training Programme in High Schools), Project **SADGURU** (Honour Role Models in Govt Elementary Schools),*

*Project **SWECHHA** (Empowering the Adolescent Girls in Menstrual Hygiene) are the major initiatives at PCT which have been making huge difference to the society. More details can be read at our website: <http://padalacharitabletrust.org>*

Surya Prasad Padala
1st Aug 2017

Statistics of Children Identified to be supported in 2017-2018

PADALA CHARITABLE TRUST - VENU NRI PROJECT VAARADHI - Empowering the Underprivileged Through Education FY: Apr 2017 - Mar 2018									
DATA BY REGION			LIST OF REGIONS				DATA BY GENDER		
spid VenuNRI			REGION REGION NAME				spid VenuNRI		
Row Labels Count of Firstname % GLP 10 100% Gollaprolu ZP Girls High Sc 10 100% Grand Total 10			East Godavari Dist GLP Gollaprolu				Row Labels Count of Firstname G 10 Grand Total 10		
DATA BY RESERV. CATEGORY			DATA BY HIV Indicator				DATA BY CLASS		
spid VenuNRI			spid VenuNRI				spid VenuNRI		
Row Labels Count of Firstname % BC 2 20% OC 7 70% SC 1 10% Grand Total 10 100%			HIV SWT TRUE Row Labels Count of Firstname Teja Sangheeta 1 Grand Total 1				Row Labels Count of Firstname 7 8 8 2 Grand Total 10		
Summary of Data By Single Parent / No Parent									
Children with Single Mother			Children with Single Father				Children with No Parent Alive		
spid VenuNRI			spid VenuNRI				spid VenuNRI		
father FALSE			father TRUE				father FALSE		
mother TRUE			mother FALSE				mother FALSE		
Row Labels Count of Firstname G 8 Grand Total 8			Row Labels Count of Firstname G 1 Grand Total 1				Row Labels Count of Firstname G 1 Grand Total 1		
Children with Both Parents Alive			Summary of Data				Children with Bicycle Request		
spid VenuNRI			Single Mother 8 80%				spid VenuNRI		
father TRUE			Single Father 1 10%				cycleRSWT TRUE		
mother TRUE			No Mother & Father 1 10%				Row Labels Count of Firstname Gayathri 1 Teja Sangheeta 1 Venkata Priya Archana 1 Grand Total 3		
Row Labels Count of Firstname Grand Total			Both Parents Alive 0 0%						
Grand Total			TOTAL COUNT 10 100%						

Observations

- Out of 10 girls that were adopted, 8 are from single mother families
- One girl (Teja Sangheeta) is **HIV infected**. Both her parents died of AIDS and she is under the care of her grandmother now.
- There are 3 girls who are in need of bicycles since they walk 2-3 kilometers to school

Project Vaaradhi – Status of Stages

Stage 1 – Identify Cluster & Select the Children – Complete

Cluster – Gollaprolu Girls High School, Gollaprolu Mandal, East Godavari District, AP

This school is selected for Vaaradhi project as per the need.

Selection Process – The following process was followed while absorbing the children into this project

- **Initial list from School HM** – We requested the Head Mistress to provide the list of all single parent / no-parent children from 7th class.
- **Physical Visit Report (PVR)** – Our team members made trips to the houses of each family to personally verify and witness their living conditions. Many a times we come to know of few issues the family/child is facing only during these visits. So, PVR plays a very crucial role in the process.
- **Finalize the List** – Strictly based on the need, we finalize the list and announce in the school. We also request the HM to appoint one of the teachers as a coordinator for this project.

Here is the template of PVR (Personal Visit Report)**PADALA CHARITABLE TRUST (PCT) - PROJECT VAARADHI – PERSONAL VISIT REPORT (PVR)**

Report Prepared By: _____ Contact Number: _____ Date: _____

1) Student Name _____ Gender: M/F Category: OC/BC/SC/ST/PHC/EBC*Category information is captured ONLY to help us assist the children with any government schemes/scholarships*2) D.O.B. & Class : _____ & _____ Medium : Telugu / English

3) AADHAAR Number: _____

4) School Name: _____

5) Father Name & Occupation : _____

6) Mother Name & Occupation : _____

7) Postal / Residence Address: _____

8) Caretaker / Guardian Name & Relationship : _____

9) Caretaker / Guardian occupation & Salary : _____

10) If farmer family, Land Owned (Acres / Cents) : _____

11) If Business, Type of Business : _____

12) Type of accommodation : Own/Rented Type: Hut / Tiled / Pucca (1RM Building)/Shed / Apartment

If rented, amount of rent being paid per month: _____

13) Vehicles owned by Family Members : Bike / Bicycle

14) Bicycle need : Yes/No

15) Phones in the house : Mobile : _____ Land Line _____

16) Brothers / Sisters Names and Details

17) Any Health Issues to the student & family members?

18) Observations made from the personal visit to house (Write in Telugu or English)_____
Signature_____
Date**Instructions:** 1) Please verify all information about the applicant 2) Take close up photo of the applicant, his/her family and house

Stage 2 – Basic Needs at School – Complete

In this stage all the children were issued **Note Books and Stationery Items (Pens, Exam Pad, Geometry Box, School Bag)** etc. This will make them go to the school comfortably without any hesitation and excuse.

This meeting was organized on 5th July 2017 in the High School itself. The parents/guardians of all 11 children were invited to the meeting. Measurements were taken for all children by local tailors for daily wear.

Stage 3 – Basic Needs at Home –In Progress, Tentative in September

In this stage all the children are provided with 2 pairs of clothes to wear at home (daily wear). The cloth is bought from a wholesale shop with a good quality and at discounted price. The local tailors are hired to stitch these clothes at a nominal rate.

Some girls who walk considerable distance to school are provided with **bicycles**. For now, there are 3 girls who are identified with this need.

Few families who find it very difficult to make their ends meet are provided with a nominal amount of Rs. 500/- per month. This amount is kept with the class teacher and spent only for the child for food and other daily requirements.

Stage 4 – Medical Checkup –In Progress, Tentative in Sep 2017 – Oct 2017

In this stage all the children go through a thorough general medical checkup for blood group, hemoglobin, HIV, height, weight and BMI measurements. Most of the children are identified with **anemia** and few with skin allergy, eye care and dental issues.

Children with anemia are immediately provided with Iron Folic Acid supplements and other vitamins.

Those children who require special care such as eye checkups, ENT, gyneac issues, heart problems are taken to the respective specialist doctors and they will be followed up immediately. In case of any surgeries required, we get them done under NTR Vaidya Seva (Arogya Sri) scheme.

Stage 5 – Counseling Sessions & Employability Skills – Tentative Aug 2017 –Feb 2018

Regular Counseling Sessions –Most of these children with such family backgrounds often suffer with emotional depression or inferiority complex. If we do not take that away from them through constant monitoring and counseling, no matter what we do and how much we spend, it will not serve the purpose. So, we interact with them regularly and offer counseling as needed.

Employability Skills – As part of empowering the children, they are trained on Basic Communication (Spoken English, Public Speaking etc.), Remedial Teaching Programme (Read and Write Telugu, Math and English) and Computer Literacy Program (CLP).

The impact of these sessions is priceless since they acquire so much confidence and feel their potential to explore further.

Medical Checkups

We have tied up with a local diagnostic lab in Kakinada for checking the blood group and hemoglobin for the children. Our volunteer escorts the lab technician to each school, get the blood sample and carry out the required procedure to find out the blood group and hemoglobin.

The children who are diagnosed with **severe anemia** are immediately provided with **Iron Folic Acid** supplements and other protein powder packets as suggested by doctors.

Here are the doctors and hospitals who are helping us in great deal by screening our children, conducting lab tests and treating with nominal fees.

General Check Up & Orho - Sai Sudha Hospital, Kakinada (Dr. Ravi Vadrevu)

Dental Care - Sridevi Dental Clinic, Kakinada (Dr. Rao Narayana Rao)

Eye Care - Sri Kiran Institute of Ophthalmology, Kakinada (Dr. Chandrasekhar)

ENT Care - Dhanush E.N.T Clinic, Kakinada (Dr. Ravi Kumar Raju)

Few children are referred to the specialists such as ENT, Dental, Eye Care, Gynec and Cardiology.

Remedial Teaching

For most of the children under Project Vaaradhi, we found the need of remedial teaching as part of improving their academic standards and help them be competent enough. In this programme the children are provided with training on basic math, telugu (read and write) and english (read and write).

We have hired some local graduates for this purpose. We pay an honorarium and also reimburse them the commuting expenses to and from the school campus. We experimented this in 7 high schools last year and we did hear very nice feedback from the teachers about the progress made. The classes happen either pre-school or after school so that the regular routine will not be disturbed.

All the children are provided with snacks(biscuits) during this class. We are also providing study material for each child during this programme.

We are hoping to see some good results by this attempt. Once we evaluate the results, we will think of scaling this programme to other schools as well.

Documentation on Google Drive

All documentation related to this project is saved under the google drive as shown below.

<https://drive.google.com/drive/folders/OB4nPvcdoiwMxLWZVSmtudExPMTg>

