



Project Report for SWECHHA Programme LIONS CLUB- ELITE & PADALA CHARITABLE TRUST



SWECHHA PROGRAMME

(Awareness on Menstrual Hygiene in Adolescent girls)

Date: 02-12-2016

School: ZPHS Komaragiri, Uppada Kottapalli Mandal

Co-ordinator: Bhanumathi

Contact: 9912100518

Inauguration:

Inauguration Started by 03:00 P.M with the message of Mr Govindh, President, LIONS CLUB- ELITE. He requested the girls to make use of this programme. At the end Mr Visweswara rao , Member, LIONS CLUB-ELITE. He explained about various activities of Lions Club International and also thanked School management for giving access to conduct SWECHHA Programme.

SWECHHA Session:

The Session was Started at 03:30 P. M by Swechha team. We conducted an oral survey to know how aware they are about Menstruation hygiene. After that we started the session by explaining the whole process by the animated video (Menstrual Hygiene Video).

After Screening the video Swechha team interacted with the girls and explained various hygiene aspects and good food habits during periods, also explained about science behind the menstrual process. At the end Mrs Bhanumathi and Mrs Padmaja vani interacted with girls and clarified lot of misconceptions about Menstruation process.

After that we encourage the girls to participate in the discussion. We also distributed Sanitary Napkins and Swechha booklets to the girls. At the end of the session girls promised that they must follow the hygienic practices for a healthy future.

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Event Pictures



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Feedback Form Received from School management.



SWECHHA- Awareness Programme on Menstrual Hygiene -
Feedback form

School Name: Z.P.P. H.S., Komaragiri

HM Name: D. Vadapalli

Date: 2-12-16

Contact: 98499 39355

- First of all thank you so much for conducting this program in our school to the welfare of our girl students.
- It is very helpful to every girl child.
- So many doubts has clarified to students by this program.
- The way program has conducted is very interesting and helpful to have concentration on the topic.
- We believe that the concept has reached to children very effectively.
- KEEP GOING. KEEP MOTIVATING.

Padala Charitable Trust, Regd No: 0413/4/26/2003

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