



School Adoption Project

A Study on Empowering the Girl Children in Government Schools

Project Report for 4 Months (11/2016 – 02/2017)

Programmes:

- I. **SWECHHA** Programme – Empower the adolescent girls in Menstrual Education and Hygiene
- II. **Remedial** Teaching Programme – Improve the average academic performance of schools
- III. **Nutritional** Supplement Programme – Help the malnourished children with Iron & Protein supplements

Schools:

S. NO	School Name	Head Master Name	HM Contact	No. of Girls	Class
1	Salipeta Municipal Girls High School	Smt. Surya Kumari	+91 94937 86726	180	9 th
2	Ramakrishna School	Sri. Apparao	+91 98661 81846	60	8 th & 9 th

SWECHHA Programme

SWECHHA Educational Session (Phase 1) in Schools

School 1 (Salipeta Municipal Girls High School)	17 th Oct 2016
School 2 (Ramakrishna School)	20 th Oct 2016

SWECHHA Review/Follow Up Session (Phase 2) in Schools

School 1 (Salipeta Municipal Girls High School)	17 th Nov 2016
School 2 (Ramakrishna School)	17 th Nov 2016

Programme Cost for SWECHHA - 6 months (Nov 2016 – Apr 2017)

Total Girls Covered in this Programme	240 (Estimated was: 250)
Cost for SWECHHA Programme per Girl Child	Rs. 80/- (Estimated was: Rs 85/-)
Cost of SWECHHA Sessions (240 Girls X Rs. 80/-) <i>(Includes one month supply of Sanitary Napkins)</i>	Rs. 19,200/ -
Number of Needy Girls identified to be supported	50 (Estimated was: 100)
Cost of Sanitary Napkins supplied in last 3 months (Rs. 20/- x 50 x 3 months)	Rs. 3000/-
Total Cost Incurred so far for SWECHHA Project	Rs. 22,200
Expected Cost for Next 2 Months (Mar-Apr 2017) Napkins for 50 needy girls (Rs. 20/- x 50 x 2 months)	Rs. 2000
Total Cost of SWECHHA Programme to Empower 240 Girls and to help 50 Needy Girls with Sanitary Napkins (Duration: 6 Months, Nov 2016-Apr 2017)	Rs. 24,200
Estimated Cost per Proposal Document	Rs. 33750/-
Positive Deviation	Rs. 9550/-

Reasons for Positive Deviation

- 1) Total Number of girls covered are less, 240 as compared to estimated 250
- 2) Actual Cost of Sanitary Napkin is less, Rs. 20 as compared to estimated Rs. 25
- 3) Number of needy girls identified are less, 50 as compared to estimated 100

Snapshot of Pre-Assessment Survey: Some interesting facts

- ❖ 79% of the girls said they have no clue about the science of menstruation
- ❖ Only 3% of the girls responded that they do yoga or stretches during the cycle. Rest 97% do not know what kind of stretches to do and why.
- ❖ 60% of the girls said they skip school during this time since they are not comfortable in changing pads in the school. The reason could be shy, lack of locked washrooms & dustbins to dispose the used ones.

Detailed Document on Pre-Assessment Survey



SWECHHA -
Preassessment Data ,

Post-Assessment Survey

This will be performed at the end of 6 months, in April 2017.

Nutritional Programme

After examining the BMI for all girls in both schools in October 2016, we have shortlisted 90 girls who need support with nutrition.

Programme Cost for Nutritional Programme - 6 months

Total Girls Identified who need help	90 (Estimated was: 100)
Cost for protein supplement packets per months (2 Packets x Rs. 50/-)	Rs. 100
Total Cost Incurred so far for 4 months (90 x Rs. 50 x 4 months)	Rs. 18,000
Expected Cost for Next 2 Months (Mar-Apr 2017) (90 x Rs. 50 x 2 months)	Rs. 9000
Total Cost of Nutritional Programme to help 90 Girls (Duration: 6 Months, Nov 2016-Apr 2017)	Rs. 27,000
Estimated Cost per Proposal Document	Rs. 60,000
Positive Deviation	Rs. 33,000

Reasons for Positive Deviation

- 1) Total Number of girls covered are less, 90 as compared to estimated 100
- 2) Number of Protein Packets Supplied per month is less, 1 as compared to 2

Impact So Far (4 Months)

We have been in touch with these girls and mothers and making sure they use the protein powder regularly.

- ✓ Rama Krishna School: Improved BMI for 19 girls out of 30 girls. Of these 19, 3 have reached the normal level of > 18.0
- ✓ Salipeta High School: Improved BMI for 21 girls out of 60 girls. Of these 21, 8 have reached the normal level of > 18.0

These numbers will definitely improve in next 2 months when we take the BMI reading once again.

Remedial Teaching Programme

Remedial Teaching was started in November 2016 and continued for 2 months only. There were several **challenges** we encountered in this programme.

- There were 60 girls shortlisted for this programme from both schools. However only 30 started coming regularly. The dropout rate was 50%.
- There was lot of absenteeism for first 10 days
- There was non- cooperation of school management (Salipeta Girls High School). We had issues in getting the classroom as there used to be several programmes, workshops running in the school for outsiders. There were also times when the construction work was going on which disturbed our classes.
- We had to let both the faculty members leave due to personal reasons.
- Several of the girls started feeling shy and avoided several classes since they are from 8th and 9th class but learning the basics of 2nd& 3rd class. Though we tried to motivate them to understand the importance of basics, it became a tough job to retain them in the class and focus.

Actual Cost for Remedial Teaching Programme - 2 months

Honourarium for Two Faculty Members for 2 months (Rs. 5000 x 2 months x 2)	Rs. 20,000
Note Books to all Children (Rs. 2400 x 2)	Rs. 4800
Telugu Material Books to all Children (Rs. 600 x 2)	Rs. 1200
Snacks to all children for 2 months (30 x Rs. 100 x 2 months)	Rs. 12000
Commuting Expense for Faculty Members for 2 months (2 x Rs. 1000 x 2 months)	Rs. 4000
Total Cost of Nutritional Programme to help 90 Girls (Duration: 6 Months, Nov 2016-Apr 2017)	Rs. 42,000
Estimated Cost per Proposal Document	Rs. 60,000
Positive Deviation	Rs. 18,000

Reason for Positive Deviation

The programme was conducted with 100% attendance for two months only as opposed to 3 months planned. We could not continue the programme for the third month due to the challenges we faced as mentioned above.

Scholarship for a Needy Girl

A girl named Sravani was in need of scholarship to continue her Intermediate 1st year at Sri Chaitanya Junior College, Kakinada. She was a very bright student of Sri Rama Krishna Public School and referred to us by Sri Suryanarayana garu. We have verified her academic record, visited her house and confirmed the need.

So, we provided Rs. 5000 to her as the scholarship and include the expense in this project.

Summary of Project Expenses – Grant Vs Expenses

Funds Received from JCF through TDF	=	Rs. 66,750
Funds Received from JCF through TDF & Global AID	=	Rs. 185,000 **
<u>TOTAL FUND RECEIVED FROM JCF to PCT</u>	=	<u>Rs. 251,750</u>
Total Actual Cost Incurred for School Adoption Project	=	Rs. 93,200
<i>(Rs. 24,200 + Rs. 27,000 + Rs. 42,000)</i>		
Scholarship to Ms. Sravani	=	Rs. 5,000
Support Provided to Rushipeetham Charitable Trust	=	Rs. 110,000
<u>TOTAL COST for SAP and Rushipeetham</u>	=	<u>Rs. 208,200</u>
<u>REMAINING BALANCE LEFT AT PCT</u>	=	<u>Rs. 43,550</u>

(Forty Three Thousand Five Hundred and Fifty Rupees)

THIS WILL BE CARRIED OVER TO 2017-2018 BUDGET

**** Here is a note from Sai Padma of Global Aid about the Funds Disbursement**

Due to this demonetisation and strong scanner on NGO s seeking funds from other countries including US, the documentation and other related auditing accounting and fines (if any for violation) has increased by ministry and other service sources, which imperatively increasing the cost of felicitation.

Hence we have retained Rs. 19,000 (out of Rs. 2,04,000 and odd amount we realized through Jayanthi Foundation, USA) for these expenses. You can directly show this as donation to Global AID.

This was the reason why we received Rs. 185,000 from Global AID